

## Public Forum

# Coping with Pain

**Are you ready to make the change?**

Date: 30 July 2005 (Saturday)

Time: 2 – 5 pm (1400-1530: English and 1545-1700: Mandarin sessions)

Venue: Suntec City Convention Centre, Meeting Room 208-209

### **Highlights of the public forum include:**

- New Advances in Pain Management
- Pain as the 5<sup>th</sup> Vital Sign
- Pain Management Programs for Patients

### **Programme:**

#### **Session 1: (English)**

1230-1400

Registration

1400-1415

Advances in Pain Management - Dr Yeo Sow Nam (Director and Consultant, Pain Management and Acupuncture Services, SGH)

1415-1430

Pain as a 5<sup>th</sup> Vital Sign in SGH - Mdm Kaldip Kaur (Assistant Director, Nursing Administration SGH)

1430-1445

Pain Management Programme & Physiotherapy – (Celia, Assistant Director, Allied Health, Senior Physiotherapist, SGH)

1445-1500

Pain Management and Psychotherapy (Evangeline, Psychotherapist, SGH)

1500-1515

Q & A Session by Panelists

#### **Session 2: (Mandarin)**

1400-1530

Registration

1545-1600

Advances in Pain Management - Dr Yeo Sow Nam (Director and Consultant, Pain Management and Acupuncture Services, SGH)

1600-1615

Pain as a 5<sup>th</sup> Vital Sign by Sister Tan AM/Choon Yen (Nurse Clinician, Pain Management Services, SGH)

1615-1630

Pain Management Programme (Celia, Assistant Director, Allied Health, Senior Physiotherapist, SGH).

1630-1700

Q & A Session by Panelists Q & A Session

**On site registration only:** \$5 per person

For further enquiries visit [www.sgh.com.sg](http://www.sgh.com.sg) under patient information or email to [enurse@sgh.com.sg](mailto:enurse@sgh.com.sg) or [info@pain.org.sg](mailto:info@pain.org.sg)

**Organised by:**

**Pain Management Services**



Singapore  
General Hospital  

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