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The Pain Association of Singapore

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25 January 2013

President's Address 2013

Dear members,

The PAS carried out the following activities in 2012:

1. The PAS launched a pain awareness drive that coincided with the International Association for the Study of Pain (IASP) Global Year Against Headache. Activities included a GP Talk (April 2012), public forum (May 2012), marketing materials including brochures, posters, wobblers etc. to raise the awareness of chronic pain.
2. An Opioid Task Force was convened and produced a manuscript titled "Evidence-Based Guidelines on the Use of Opioids in Chronic Non-cancer Pain – A Consensus Statement by the Pain Association of Singapore Task Force" after many months of discussion. It was submitted to the Annals, Academy of Medicine Singapore in July 2012. The paper has been accepted for publication and will be made available to all PAS members.
3. Quarterly email Journal updates to members summarizing recent interesting or groundbreaking research papers and good review articles.

The **Association of South-East Asia Pain Societies (ASEAPS) Conference 2013** organized by the PAS is only a few months away, starting on 2nd May 2013. This is the biggest South-east Asian pain meeting that will bring together many renowned international and regional speakers who are thought leaders and pioneers in both basic research and clinical work in the field of pain management. I strongly urge you to visit our website at www.aseaps2013.org and sign up now to enjoy the early bird rates. Current PAS members will further enjoy a \$50 discount.

I look forward to meeting all of you at ASEAPS 2013!

Yours sincerely

Dr Ho Kok Yuen
President
Pain Association of Singapore