

## Workshop Outline

### FUNDAMENTAL

- ✓ Fundamentals of Hypnotic Induction
- ✓ The Language of Suggestion and Hypnosis
- ✓ Naturalistic and Indirect Approaches
- ✓ Hypnotic Phenomena
- ✓ Basic Induction Technique

### INTERMEDIATE

- ✓ Pain Management
- ✓ Hypnosis for Anxiety and Depression
- ✓ Treating Trauma
- ✓ Utilisation Metaphors Treatment
- ✓ Planning and Integration

Ericksonian Therapy has established as an effective and broadly applicable approach around the world. Clinical hypnosis is found to be particularly effective for common disorders such as anxiety, pain, habits and trauma. The Ericksonian Model is focused and brief, an approach which is especially useful in settings in which there is a high demand for service.

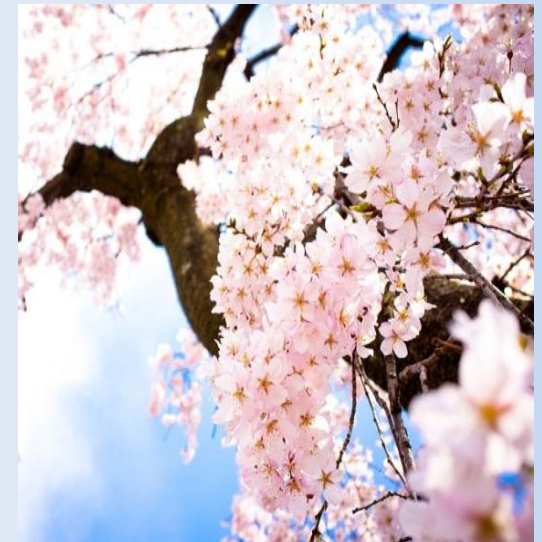
Clinicians are able to incorporate Ericksonian techniques into their already existing skills, augmenting the manner in which clients are served. It is compatible with many other approaches (e.g., Cognitive Behavioural Therapy, Solution-Focused Therapy, Couple Therapy).

Learning clinical hypnosis expands therapeutic possibilities for the therapist.

### WHO SHOULD ATTEND?

The workshop is designed for people employed in mental health, social service and medical settings and who possess relevant degrees and/or certification. This includes psychiatrists, psychologists, counsellors, social workers and professionals in pain management and rehabilitation fields.

## INTENSIVE TRAINING IN ERICKSONIAN APPROACHES TO HYPNOSIS



Organised by  
*Department of Psychological  
Medicine  
National University Hospital &  
Khoo Teck Puat Hospital*



### About the trainer

Brent B. Geary, Ph.D., is the Coordinator of Training for the Milton H. Erickson Foundation and has organized and conducted its Intensive Training Programs since 1988. He is the editor of 2 books: The Handbook of Ericksonian Psychotherapy and The Letters of Milton H. Erickson, as well as the author of various book chapters and papers in professional journals. He is an invited speaker and faculty member of several regional and international conferences on hypnosis.

## COURSE DETAILS

Dates	Time	Fees (after GST)	
Basic 22 to 24 <sup>th</sup> Sep 2014	9.00am to 5.30pm	Early-Bird	Normal
Intermediate 26 to 28 <sup>th</sup> Sep 2014	T11-02/03 NUHS Tower Block Level 11	(End 2 May 14)	
		\$1200 per course	\$1300 per course
		\$2200 for both	\$2400 for both
		(Fundamental and intermediate)	

I would like to enrol for the "INTENSIVE TRAINING IN ERICKSONIAN APPROACHES TO HYPNOSIS" workshop

Fundamental  Intermediate  Both

Name :

Billing Address :

NRIC/FIN No:

Designation:

HP:

Organisation :

Email :

*\* Please refer to "Who Should Attend?" section before you register. Payment by cheque only. The cheque should be made payable to "National University Hospital (S) Pte Ltd". A payment form will be sent to you via email once your registration has been acknowledged.*

**Please send completed forms to:** Ms Rachel Lim ([wee\\_tien\\_lim@nuhs.edu.sg](mailto:wee_tien_lim@nuhs.edu.sg))

**Fees paid, either in full or in part, are not refundable unless the course is cancelled.  
In case of non-commencement of the workshop, a full refund will be made.**