



The Pain Association of Singapore A Chapter of IASP

President's Message

Dear Members,

I would like to extend my deepest appreciation to all our members of The Pain Association of Singapore for your support in 2018-2019.

The Annual Scientific Meeting (ASM) 2018 was held in One Farrer with more than 170 participants from 10 countries attending the event. We had increased our emphasis in ASM 2018 to include many more pain topics of interest in areas of nursing, physiotherapy, occupational therapy and psychology.

An Online Educational Learning Portal on Pain Management (<http://www.cmepas.com>) for General Practitioners was also launched in the last quarter of 2018. This online portal enables general practitioners and specialists alike to undergo a 30 min slide tutorial. 5-8 subject based questions are posed at the end of the tutorial, with CME points awarded for each successful completion.

A public education video portal will soon be launched in the coming months. A short video clip on various pain subjects of interest such as lower back, neck, cancer, joint pains serves as a concise summary for the management of these conditions. Some common myths will also be debunked and advice given for proper treatment.

In addition, in place of ASM this year, we are also embarking on our first quarterly dinner symposium "Common Pain Procedures in the Clinic Setting and the Medicolegal Aspects of Pain Management" for our members this evening. The next dinner symposium will be held in July 2019 and we will be notifying members via both email and posted mail. The sessions promise to be interactive and informative with allocated time for discussion.

It has truly been a pleasure to lead the Council for the past year. All this would not have been possible without the dedication and commitment of all the Council Members that I have had the privilege of working with for the past year. We encourage all of your continued support in the efforts of the Council in making these events possible, and work towards developing a closer-knit pain society.

With the Annual General Meeting (AGM) and elections round the corner, we urge interested members to step up to make the society more relevant to you and your practice.

Yours sincerely,

Dr Nicholas Chua
President
The Pain Association of Singapore