

ANNOUNCEMENT

BIENNIAL
SCIENTIFIC MEETING
OF THE
PAIN ASSOCIATION OF SINGAPORE

28 – 30 July 2006

Singapore

The Impact of Pain

Meritus Mandarin Singapore
333 Orchard Road
Singapore 238867

Organised by:
The Pain Association of Singapore



ESTABLISHED 1989

ORGANISING COMMITTEE

Organising Chairman	Dr YEO Sow Nam
Scientific Chairman	Dr YOONG Chee Seng
Scientific Co-Chairmen	Dr TAY Kwang Hui Dr CHAN Sher Yi Dr SIAU Chiang Dr Jane GEORGE
Honorary Secretary	Dr Noreen CHAN
Committee Member	Ms Lita CHEW Dr Lesley GOH Dr Cynthia GOH Dr HO Hwee Shih Ms Kaldip KAUR Dr Charles SLOW

SECRETARIAT & OFFICIAL TRAVEL AGENT

Orient Explorer (S) Pte Ltd
141 Middle Road, #03-02C GSM Building
Singapore 188976
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CONTINUING MEDICAL EDUCATION (CME)

Continuing Medical Education (CME) points
will be accredited to the Meeting

TEACHING FACULTY

Australia

Dr Roger GOUCKE
Head, Department of Pain Management
Sir Charles Gairdner Hospital
Perth, Australia

ISRAEL

Dr David NIV
Director, Center for Pain Medicine
Tel-Aviv Sourasky Medical Center

MALAYSIA

Dr Mary S CARDOSA
Director, Anaesthesia and Pain Management
Selayang Hospital, Selangor

SINGAPORE

Dr Noreen CHAN
Medical Director / CEO
Dover Park Hospice

Ms CHAN Poh Leng
Senior Physiotherapist
Tan Tock Seng Hospital Rehab Centre

Ms Lita CHEW
Oncology Pharmacist
National Cancer Centre

Dr Cynthia GOH
Senior Consultant and Head
Palliative Medicine
National Cancer Centre

Dr HO King Hee
Private Neurologist
K H Ho Neurology & Medical Clinic

Ms Kaldip KAUR
Nurse Clinician
Singapore General Hospital

Dr Bernard LEE
Director & Consultant
Dept of Anesthesiology
Tan Tock Seng Hospital

Dr Ian LEONG
Consultant, Geriatric Medicine
Tan Tock Seng Hospital

Dr Peter LIM
Head and Senior Consultant
Dept of Rehabilitation Medicine
Singapore General Hospital

Ms Joanne LIAM
Nurse Clinician
KK Women's and Children's Hospital

Dr TAN Seang Beng
Head, Senior Consultant and
Director of Spine Service
Singapore General Hospital

Dr Michelle TAY
Consultant
Dept of Paediatric Anesthesia
KK Women's and Children's Hospital

Dr TAN Hee Hon
Dental Surgeon
Private Practice

Ms TAN Ai Muay
Nurse Clinician
Singapore General Hospital

Dr TAY Kwang Hui
Registrar
Dept of Anesthesia
National University Hospital

Dr Paul THNG
Consultant
Dept Orthopaedic Surgery
Changi General Hospital

Dr Julian THUMBOO
Senior Consultant
Dept of Rheumatology & Immunology
Singapore General Hospital

Ms YANG Su-Yin
Psychologist
Tan Tock Seng Hospital Rehab Centre

Dr YEO Sow Nam
Director, Pain Management
Singapore General Hospital and
Private Anaesthesiologist
Mount Elizabeth Hospital

Dr YOONG Chee Seng
Chief and Senior Consultant
Dept of Anesthesia
Changi General Hospital

Dr Jessica YU
Nurse Clinician
Changi General Hospital

PRE-MEETING REFRESHER COURSE

Concurrent Session

(For Healthcare Professionals)

Friday, 28 July 2006
Meeting Room
National Cancer Centre, 11 Hospital Drive
Singapore 169610

Refresher Course on Cancer Pain

- 9.00am Cancer Pain
Dr Noreen Chan
- 9.30am Cancer Pain
Dr Mary Cardoso
- 10.00am Case study in Cancer
Dr Yeo Sow Nam

Refresher Course on Neuropathic Pain

- 11.00am Headaches
Dr Ho King Hee
- 11.30am Post-herpetic neuralgia
Dr David Niv
- 12.00pm Case study in Neuropathic Pain
Dr Yeo Sow Nam

Refresher Course on Low Back Pain

- 2.00pm Approach to Low Back Pain
Dr Tan Seang Beng
- 2.30pm Diagnostic Imaging in Low Back Pain
Dr Lesley Goh
- 3.00pm Medical and Interventional Management in
Low Back Pain
Dr Yoong Chee Seng
- 4.00pm Cognitive behavioural therapy in Low Back Pain
Dr Bernard Lee
- 4.30pm Case Study in Low Back Pain
Dr Yeo Sow Nam

PRE-MEETING REFRESHER COURSE
Concurrent Session
(For Nursing and Allied Healthcare Professionals)

Friday, 28 July 2006
Meeting Room
National Cancer Centre, 11 Hospital Drive
Singapore 169610

- 8.00am Registration
- 9.00am Road Ahead for Pain Management – An Experience in Pain
Ms Jessica Yu
- 9.30am “Put a Smile in your Child” - An Experience in Melbourne
Ms Joanne Liam
- 10.00am Management of Pain Psychological Aspect
Ms Yang Su-Yin
- 10.30am Tea Break
- 11.00am Team Approach in Pain Management - The Medical Perspective
Dr Mary Cardosa
- 12.00pm Panel Discussion – Team Approach in Pain Management
- 1.00pm Lunch
- 2.00pm Medication Use in Pain Management
Ms Lita Chew
- 2.30pm Pain in Spinal Cord Injury
Ms Chan Poh Leng
- 3.00pm A Systematic Review of Unidimensional Pain Assessment Tools
Ms Tan Ai Muay
- 3.30pm Q & A and Close

SCIENTIFIC PROGRAMME

Saturday, 29 July 2006

- 9.00am Opening Address
Dr Yeo Sow Nam
- 9.10am Opening Address
Dr Yoong Chee Seng
- 9.15am Plenary Lecture 1
The Impact of Pain
Dr Roger Goucke
- 10.00am Cancer Pain in Singapore
Dr Cynthia Goh

Symposium 1 - Pain Epidemiology

- 11.00am PAS Pain Survey Lectures -
Epidemiology of Pain in Europe
Dr David Niv
- 11.30am PAS Pain Survey Lectures -
Epidemiology of Pain in Malaysia
Dr Mary Cardosa
- 12.00pm PAS Pain Survey Lectures -
Epidemiology of Pain in Singapore
Dr Tay Kwang Hui
- 1.00pm Lunch

Symposium 2

- 2.00pm Orofacial Pain
Dr Tan Hee Hon
- 2.30pm Rheumatology – Joint Pain Diagnosis
and Management
Dr Julian Thumboo
- 3.00pm The Role of Rehabilitation Medicine
in Pain Management
Dr Peter Lim

Symposium 3 - *Interventional Procedures in Low Back Pain*

- 4.00pm Role of Implantable Devices in
Management of Low Back Pain
Dr Roger Goucke
- 4.30pm Low Back Pain and Surgery
Dr Paul Thng
- 5.00pm Panel Discussion

Sunday, 30 July 2006

- 9.00am Plenary Lecture 2
Opioids – From Pharmacology to
Patient Care
Dr Mary Cardosa
- 9.45am Plenary Lecture 3 - *Pain and Pain
Education at the European Arena -
Challenges and Future*
Dr David Niv

Symposium 4 - *Pain Issues at the Extremes of Life*

- 11.00am Pain Issues in the Paediatric
Population
Dr Michelle Tay
- 11.30am Pain in older people: Similarities and
Differences
Dr Ian Leong
- 12.00pm Pain and Dementia
Dr Roger Goucke
- 2.00 – 5.30pm
Public Forum – Impact of Pain

INSTRUCTIONS FOR AUTHORS SUBMITTING SCIENTIFIC FREE PAPERS ORAL AND POSTER PRESENTATION

CALL FOR ABSTRACTS FOR POSTER SUBMISSION

The Organising Committee cordially invites you to submit abstracts to be considered for poster presentations. These may include both clinical and research topics of interest to the pain community.

Guidelines for Abstract Submission:

1. All abstracts must be submitted in English.
2. On-line submission preferred.
3. Email submissions must be saved on Windows 98 Microsoft Word document (compatible to be read on IBM PC machines).
4. Maximum number of words: 250.
5. Please follow the format below.
6. Please underline the presenter's name.

Abstract Format

Please include the following

Title:

Author(s):

Organisation:

Aims of Study:

Methodology:

Results:

Discussion:

Submission of abstracts is 5 July 2006. Please provide the Conference Secretariat with your email address so that we can send you the results of the abstract submission and further instructions as soon as possible. Abstracts accepted for presentation must be presented by registered participants to the main conference.

Abstract Submission

Online: www.orient-explorer.com/BSM/

Fax: (65) 6339 9536

Poster Presentation

1. You are provided with a one-sided panel board (white in colour) with dimensions of 2 m (width) x 1 m (height), you are not required to use up the entire space.
2. Posters will be displayed from 29 to 30 July 2006 during the allocated period after which the posters should be removed within the stipulated time given.
3. Authors are fully responsible for display and removal of their posters at the respective locations. The Organising Committee will not be liable for any loss or damage to the posters during the display.
4. Velcro tapes are supplied by the secretariat to mount the posters on the assigned panels. No nails are allowed on the panels.
5. When preparing text and illustrations, bear in mind that the posters will be viewed from a distance of about 1 m.

Disclaimer: Information is correct at time of printing but subject to change without notice by Organiser. Please refer to website for update.

CONFERENCE INFORMATION

Meeting Venue

Mandarin Court A and D (Level 4)
Meritus Mandarin Singapore
333 Orchard Road
Singapore 238867

The registration desk will be located at the foyer of the Mandarin Court D on (Level 4) of the Meritus Mandarin Singapore, opening hours as follows:

Saturday, 29 July 2006 7.30am – 5.00pm
Sunday, 30 July 2006 7.30am – 12noon

Conference Secretariat & Official Travel Agent

Orient Explorer (S) Pte Ltd
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Fax: (65) 6339 9536
Email: pasbsm@orient-explorer.com
Website: www.pain.org.sg, www.orient-explorer.com/BSM/

Continuing Medical Education (CME) Points

CME points will be awarded for this Meeting.

REGISTRATION FEE (in Singapore dollars)

Description	PAS Members	Non PAS Members
MAIN MEETING (29 and 30 July 2006)		
Medical	\$150	\$200
Nurses and Paramedical	\$100	\$150
PRE-MEETING REFRESHER COURSES FOR HEALTHCARE PROFESSIONALS (28 July 2006)		
Medical	\$80	\$100
PRE-MEETING REFRESHER COURSE FOR NURSING AND ALLIED HEALTHCARE PROFESSIONALS (28 July 2006)		
Nurse and Paramedical	\$50	

1. Registration fee for the Main Meeting includes admission to the scientific sessions, lunch and tea breaks during the Meeting proper.
2. Registration fee for the Pre-Meeting refresher Course is separate from the Main Meeting.

INFORMATION ON HOTEL ACCOMODATION

Meritus Mandarin

Meritus Mandarin Hotel Singapore is conveniently located in the heart of Orchard Road, Singapore's premier shopping, entertainment and business district. The hotel is within proximity to shopping malls, state embassies and the hottest nightspots.

Allson

Allson Hotel Singapore is located on Victoria Street in what is known as the civic district. Within the area, you can find some historical architecture like the National Museum, Art Museums, St Andrew's cathedral, Archibishops residence and several churches.

Summer View

Summer View Hotel is ideally located in the heart of Singapore within distance of the business district of Shenton Way, Suntec City. Entertainment, educational, shopping belts of Orchard Road, Bugis Junction and Sim Lim Square are within a short walk away. Change International Airport is only 20 minutes ride by taxi or public transport.



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