

21st Feb. Synopsis on **Bone and Joint Symposia – An evidence based approach for the family physicians and review of real life case studies.**

Pain is one of the commonest symptoms patient presents to the family physicians. The diagnosis and management of bone and joint pain, in particular, often pose a common challenge to modern day practitioners. In addition to differing symptoms experienced with neuropathic and nociceptive pain, there are differences in the therapeutic agents which can produce pain relief. The armamentarium of treatment modalities is rapidly increasing as research into this area is rapidly expanding. A brief review of the latest Coxibs and their role will be made. Pharmacological management will produce the desired analgesia in some, but not all, patients. In those who fail to respond, other modalities of treatment may be considered, ranging from acupuncture, minimally invasive interventional techniques, behaviour modification and fostering of coping skills to some may be indicated.

In the subsequent session on case studies, an interactive audiovisual discussion aimed at engaging the speakers and delegates has been planned. Some frequently asked questions about the various bone and joint pain conditions will be posed. Real life cases studies will also be presented. I will like to invite all practitioners with an interest in managing pain to attend.

Yours sincerely,

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