



# “Life Beyond PAIN, Global Day Against PAIN” 2007 Public Forum

**Date : 20 October 2007**

**Time : 1 pm to 4 pm**

**Venue : Singapore Management University  
Administration Building Level 5  
(Beside NTUC Income)  
Conference Hall 1  
81 Victoria Street Singapore 188065**

*Carpark: Enter into Carpark 1 as shown on map via Queen Street*



The Pain Association of Singapore invites you to a Public Forum to mark Global Day Against Pain 2007. Hear from experts about common types of pain and strategies to deal with these conditions.

We will also be presenting prizes to the top three winners of the “Expressions of Pain” writing competition. Hear inspiring stories of individuals who, with effective treatment and support of loved ones, have overcome their chronic pain to lead active and meaningful lives.

Pain is a common problem but it can be treated. There is hope and “Life Beyond Pain”

## **PROGRAMME**

- 1.00 pm Registration
- 1.30 pm Opening remarks by Dr Yeo Sow Nam  
President of The Pain Association of Singapore
- 1.40 pm Speaker - Dr Yeo Sow Nam  
Topic: Pain in Women
- 2.00 pm Speaker - Dr Ng Beng Yeong  
Topic: Pain and Depression
- 2.20 pm Speaker - Dr Lim Li Ling  
Topic: Losing Sleep over Pain
- 3.00 pm Prize Presentation for “Expressions of Pain” writing competition
- 3.30 pm Q&A session
- 4.00 pm Tea reception
- 4.30 pm End of programme

## **TEACHING FACULTY**

**Dr Yeo Sow Nam**  
President Pain Association  
Of Singapore  
Director, The Pain Specialist  
Mt Elizabeth Hospital

**Dr Ng Beng Yeong**  
Head and Senior Consultant  
Psychiatrist  
Singapore General Hospital

**Dr Lim Li Ling**  
Consultant  
Neurologist  
Gleneagles Hospital

Organised by:



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## **REGISTRATION**

Registration contact:

As seats are limited, we strongly encourage participants to register early.

To register, please call **63113616** between **8.30am to 5.30pm**.