



# The 7<sup>th</sup> IASP-Southeast Asia Pain Management Camp

(27 April to 1 May 2025, Singapore)



Welcome to the 7<sup>th</sup> iteration of this career-building residential camp, where friendships are forged and the next generation of interdisciplinary pain experts are discovered!

## Highlights include :

- Essential Pain Management (EPM) by Prof Roger Goucke (FANZCA)
- Biopsychosocial formulation with Prof Michael Nicholas (author of Manage Your Pain)
- Self- Management and Grounding Techniques for patients
- Delivering Pain Education
- Explaining the science behind Mindfulness
- How to speak so people will listen
- Blazing a path after Pain Camp



## What you get :

- ✓ 4 days (~42hours) of robust pain teaching through a combination of didactic lectures, role play, scintillating discussions, practice and games
- ✓ Small faculty : camper ratio and personal mentorship with a Pain Expert
- ✓ A lifelong Community of Practice in Pain Management
- ✓ Access to subspecialty experts in interventions, neuropathy, paediatrics, oncology, epidemiology, movement, psychology etc

...for only SGD \$1200!

## Free access to the ASEAPS Congress Refresher Day

including :

- Myofascial Pain & Musculoskeletal Ultrasound
- The new Australian OPEN interdisciplinary pain education
- Integrative medicine therapies for symptom management
- Pain in the Young, the Old and the Pregnant
- Trauma-informed approach to pain by Dr Lester Jones
- And more!

A wealth of knowledge, mentorship and networking all in one place. If you're at the beginning of your career in pain management and looking for a solid foundation in pain management, look no further!



Register here

Camp sponsorships available to eligible PAS members

For full brochure or enquiries on group / subsidised rates, please contact us at [aseapspaincamp2025@gmail.com](mailto:aseapspaincamp2025@gmail.com)

